

MASTER IT FASTER: ACCELERATED LEARNING IN THE WORKPLACE

Incorporating the latest in neuro-science and psychology, this course will help participants unleash the power of the whole brain, and allow them to learn faster and assimilate more.

Fun and interactive, this course shows participants how to master any topic faster and more effectively, how to handle information overload, and how to increase concentration span. Participants will learn how to work with their preferred learning style to master any topic faster.

OBJECTIVES

At the end of this course, participants will be able to:

1. apply Accelerated Learning techniques to any topic
2. identify their preferred learning modality (visual, auditory, or kinesthetic)
3. identify their strengths (Gardner's Multiple Intelligences)
4. use the four steps of learning for on-the-job training
5. identify Meta-programs that influence their thinking.

KEY TOPICS

- ✓ 'Why IQ is not a good measure of your talents
- ✓ What successful intelligent people do
- ✓ 'Chunking', mindmapping, and other tools
- ✓ 3 learning modalities
- ✓ Gardner's multiple intelligences: which are your strengths?
- ✓ 4 steps to learn anything
- ✓ Meta-programs: how people differ in their approaches to thinking
- ✓ Applying *accelerated learning* in workplace.

APPROACH: Fun and interactive, with a combination of self-discovery exercises, group activities and discussion. The emphasis is on practical techniques that can be implemented immediately.

LENGTH: One day