

TEAM COMMUNICATION

Good communication within a team leads to improved self-esteem for the individual, enhanced productivity, as well as better overall outcomes for the organisation.

This fun and interactive course shows participants how they can contribute to their team in the most effective way. Participants will discover their preferred communication style and how to improve team cohesiveness. Using the *Drexler/Sibbet Team Performance Model* they will discover the processes that effective teams work through to achieve great outcomes.

This course incorporates the latest research in neuroscience and social psychology.

OBJECTIVES:

At the end of this course participants will be able to:

1. identify stages of team development
2. design strategies that enhance team performance at each stage
3. identify their preferred DISC communication style
4. identify key skills that a team needs to master to be able to function effectively
5. identify different roles team members might play
6. identify ways to increase feelings of self esteem and belonging on the team.

KEY TOPICS:

- ✓ Characteristics of dynamic teams
- ✓ Team effectiveness inventory
- ✓ *Drexler/Sibbet team performance model*
- ✓ SCARF model of engagement
- ✓ Roles within the team
- ✓ Team killers; what can go wrong
- ✓ DISC communication styles
- ✓ Increasing esteem and belonging on your team.

APPROACH

Fun and highly-interactive, using structured activities to demonstrate the principles, as well as questionnaires, discussion, and opportunities for reflection.